

Here for you

Our day centre is for older people and those living with dementia who may otherwise find it difficult to get out and about and socialise, make friends and take part in activities. We offer quality respite care for loved ones and carers and additional services provided in the same building at the Haven Community Hub provide additional comforts, activities and services.

We will provide an opportunity to engage and socialise with others in a safe friendly environment – contributing to our members' self-esteem and self-fulfillment.



Costings & Bookings

Full Day
10am to 4.00pm (£65)

Half day
10am-1pm or 1pm-4pm
(£35)*

*talk to us and we can be flexible with timings.

All potential clients are offered a free half day trial session.

We accept funded places.

Age Concern Southend-on-Sea

Days at the Haven

Based within The Haven Community Hub in Westcliff-on-Sea, 'Days at The Haven' is a specialist day centre service provided by Age Concern Southend.

Personalised Service

Accessing every member to ensure we cater to their likes and dislikes, skills and abilities to offer a full and varied programme.

Offering a varied activity programme designed to improve the health and wellbeing of our members

Hosted in a safe and welcoming environment.

Staffed by Age Concern Southend's trained support workers and supported by volunteers, who are fully DBS checked.





Example Facilities

- Baby dolls
- Interactive/robotic cats and dogs
- TV with range of films
- Games, puzzles, books
- Radio/music
- Musical instruments & keyboard
- VR headsets for unique virtual experiences
- Private toilet facilities and shower
- Pet Friendly

Example Activities

- singing for the brain
- interactive story telling
- arts and crafts
- board games and puzzles
- music and dancing
- gentle exercise
- hand and foot massage relaxation
- Guest visitors including musicians, artists and speakers



Find out more

The Haven
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