



## Supportus

To ensure the Haven Community Hub can continue to run services for the local community you can support us in a number of ways:

- Use us! Attend classes and activities
- Follow us on, share our news posts and events amongst your network
- Volunteer your time and expertise
- Make a donation
- Fundraise for us host a bake sale, golf day, coffee morning etc.
- Hold a collection pot on your premises
- Corporate sponsorships
- Leave a gift in your Will

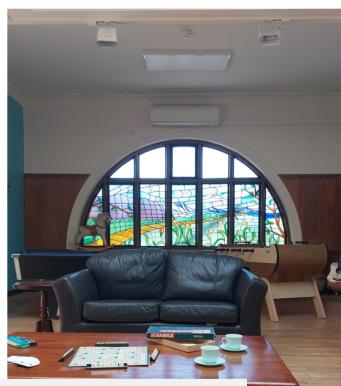
To find out more about us visit www.acsos.co.uk





# The Haven Community Hub

A community space for everyone





138-140 Hamlet Court Road, SSO 7LN







### **About us**

The Haven Community Hub is funded by Age Concern Southend, your local independent charity, and is run as a community space for everyone - old and young. A one stop shop with a number of businesses, services and charities under one roof.

Whether you are looking for a new exercise class like yoga, pilates, keep fit or martial arts, if you want to learn or enhance a skill like sewing, crochet or computing or you simply want to socialise and meet new people, we can help.

#### Contact us

#### What's on

- Exercise classes for all Arts and crafts
- Workshops and events Support groups
- Social groups Kids classes

# Services in the Haven Community Hub

- KB's Onsite Café Council services
- Beauty treatments Holistic therapies
- Foot clinic Computer classes
- Dementia support Rooms and activity and Day Centre hire space

Our timetable is regularly updated and available on our website or printed copies can be found at reception. Please follow us on social media @thehavencommunityhub for more info.

Classes are affordable with prices starting from just £3. Booking information and prices can also be found on the timetable.







